



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER – OCTOBER 2025

President's Message

As we move into November, let's keep our spirit high as we prepare for the upcoming events.

Yours in service,

ANTHONY LYONS

President, 2025–2026 Term

Board members:

1st Vice President – Carmen Li

Secretary – Dr. Vivian Lo

Treasurer - Pearl Yiu

Membership Chair - Christine Chan

LCIF Chair - Lamb Lo

Web Master - Felix Lyons

Upcoming Events

<u>Date</u>	<u>Event</u>	<u>Details</u>
October	<i>Our Club will launch the making of 2026 calendar</i>	<i>Stay tune.</i>
November 16th (Sunday) Evening	<i>Vancouver Granville Lions Club Installation and Charity Gala 2025-2026</i>	<i>Executive Hotel Vancouver Airport Richmond BC</i>
November 29th (Saturday) 7:30pm – 9:30pm	<i>Wendy Cheung's "Senses" Concert</i> <i>Jointly sponsored by Our Club</i>	<i>Orpheum Theatre 601 Smithe Street, Vancouver BC</i>
December 4th (Thursday) 6:00pm	<i>Our Club and our Leo Club will host our 5th Anniversary, "Serving the World in Need" Fundraising Gala</i> <i>Keynote speaker: Dr. Mark Mansell,</i>	<i>Continental Seafood Restaurant 11700 Cambie Road, Richmond BC</i>

We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER – OCTOBER 2025

	<i>International Director</i>	
<i>December 7th (Sunday) 7:30pm – 9pm</i>	<i>Vancouver Sunshine Lions Club 10th Anniversary – Gentai Charity Concert</i>	<i>Freaserview M.B. Church Richmond BC</i>
<i>January 3rd – 11th, 2026</i>	<i>LCI Lions & Leos Weeks of Service 2025- 2026 (Hunger)</i>	<i>Details will be announced. Please mark on your calendar.</i>
<i>January 5th, 2026 Evening</i>	<i>Our Club will organize a fundraising event jointly with several Lions Clubs</i>	<i>Details will be announced. Please mark on your calendar.</i>
<i>April 10th – 11th, 2026</i>	<i>District 19-L Lions Convention</i>	<i>Richmond BC</i>
<i>April 12th, 2026</i>	<i>District 19-L Leos Convention</i>	<i>Richmond BC</i>
<i>April 18th – 26th, 2026</i>	<i>LCI Lions & Leos Weeks of Service 2025- 2026 (Environment)</i>	<i>Details will be announced. Please mark on your calendar.</i>
<i>2026 July 3 – 7, 2026</i>	<i>Lions International Convention</i>	<i>This event will be held in Hong Kong. Stay tuned for the details.</i>

We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

Vancouver Point Grey Lions Club's 5th Anniversary



Serving the World in Need

Fundraising Gala

presented by

Vancouver Point Grey Lions Club & Loes Club

Keynote speaker: Dr. Mark Mansell, International Director

Beneficiary: LCIF

Date: December 4, 2025, Thursday

Time: 6pm (Reception); 7pm (Dinner)

Venue: Continental Seafood Restaurant
11700 Cambie Road, Richmond

Attire: Uniform or business

Price: \$90 each, \$850 table of 10

Payment: Interac xfer to:

vanpointgreylionsclubtreasurer@gmail.com



We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

5th Anniversary
&

Serving the World in Need
Charity Dinner
presented by
Vancouver Point Grey
Lions Club & Leos Club

Keynote speaker:
Dr. Mark Mansell, International Director
Beneficiary: LCI Foundation

Date: December 4, 2025, Thursday
Time: 6pm (Reception); 7pm (Dinner)
Venue: Continental Seafood Restaurant
11700 Cambie Road, Richmond
Attire: Uniform or business
Price: \$90 each, \$850 table of 10
Payment: Interac xfer to:
vanpointgreylionsclubtreasurer@gmail.com

We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

WENDY YAU SUM CHEUNG'S



WITH THE VMO ORCHESTRA

A GROUND-BREAKING EXPLORATION OF MENTAL WELLNESS,
IMAGINED THROUGH MUSIC

NOVEMBER **29**, 2025 | 7:30 PM - 9:30 PM PST

EXPERIENCE AN EVENING WHERE MUSIC TRANSCENDS TRADITIONAL LISTENING. RENOWNED **COMPOSER WENDY YAU SUM CHEUNG** AND THE VANCOUVER METROPOLITAN ORCHESTRA (VMO), UNDER THE DYNAMIC LEADERSHIP OF **CONDUCTOR KENNETH HSIEH**, HAVE CRAFTED AN IMMERSIVE MULTISENSORY JOURNEY OF HEALING AND RENEWAL.



THIS CONCERT BLENDS EVOCATIVE ORCHESTRAL SOUNDSCAPES WITH TRANSFORMATIVE GUIDED INTROSPECTION, THERAPEUTIC MOVEMENT, AND STUNNING VISUAL ELEMENTS TO CREATE A TRULY UNFORGETTABLE EXPERIENCE THAT NOURISHES BOTH MIND AND SOUL.

ENGAGE YOUR SENSES

HEAR: SOARING ORCHESTRAL MELODIES
SEE: MESMERIZING VISUALS AND LIGHTS

TOUCH: SUBTLE TACTILE ELEMENTS
SCENT: CALMING AROMATHERAPY

SUPPORTING MENTAL HEALTH AWARENESS

IN PARTNERSHIP WITH HEADSUPGUYS AND GUIDED BY MUSIC THERAPY EXPERT DR. ALPHA WOODWARD, THIS FUNDRAISING CONCERT SUPPORTS HEADSUPGUYS' MISSION TO IMPROVE MENTAL HEALTH AND FOSTER EMOTIONAL RESILIENCE.

TICKETS AVAILABLE AT: [VISIT SENSESCONCERT.COM](https://www.sensesconcert.com)

\$48	\$78	\$138	\$188
------	------	-------	-------



JOIN US FOR A NIGHT OF MUSIC, MINDFULNESS, AND TRANSFORMATION.

We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025



VANCOUVER GRANVILLE LIONS CLUB

Installation and Charity Gala 2025-2026

Black Tie Optional

VIP \$180

No: 043



November 16 (Sunday), 2025
Executive Hotel Vancouver Airport
7311 Westminster Highway, Richmond

Reception 6:00PM
Program 6:30PM



Proceeds to
S.U.C.C.E.S.S.
Simon K.Y. Lee
Seniors Care
Home



慈善之Sing!



VANCOUVER SUNSHINE LIONS CLUB
溫哥華陽光獅子會



VANCOUVER SUNSHINE LEO CLUB
溫哥華陽光青獅會



A Decade of Light 2015 - 2025

10TH ANNIVERSARY - GENTLE CHARITY CONCERT

溫哥華陽光獅子會十周年紀念

“景泰之夜”慈善音樂會

Ticket: \$ 88
Ticket No.: 071
Time: 7:30 PM, Sunday
December 7, 2025
Venue: Fraserview M.B. Church
1595 Mellis Dr., Richmond

Performed by
Vancouver Youth
Philharmonic Orchestra
Music Director & Conductor
Rui Shi Zhuo

Special Guests
Piano & Violin Duet
Malcolm Brodie / Kan Chen
Soloist
May Ho

In Support of
Richmond Community
Foundation
列治文社區基金會



We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

Highlights from October 2025

We launched our 2026 Calendar in October and thanks for all sponsors make their contributions that we can achieve the campaign in 3 weeks. The calendar will be ready before our 5th Anniversary Fundraising Gala.

Apart from those as a token to the sponsors. We are selling the calendar for \$10.00 each as part of our fundraising.

Thank you for our sponsors:

Crystal Arts Academy

Shaughnessy Lions Club

Canada Youth Robotics Club

Accelerate CPA

Mr. Norman Sung

Ms Scarlett Zhang

Westwind RV Park

Mr. Dickie Lam

Ms Lisa Kung

Richmond Chinese Community Society

Tiffany Immigration Services Inc.

ATA Law Corporation

Simon Jewellery

Pink Pearl Chinese Seafood Restaurant

Mr. Keung Hing Tang

CrossFit Overdrive

We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

On October 5th, our Club Secretary, two members and two guests enjoyed the music performed by Dickie Lam organized by Vancouver Granville Lions Club. This purpose of the concert was raising the fund for Chi Heng Foundation Canada.

協辦單位：



慈善歌王
林國安 Dickie Lam
為大家獻上經典金曲

日期：2025年10月5日(星期日)
時間：招待會於下午5點開始 / 活動於下午6點開始
演出時間：晚上8點
餐券每桌：Regular \$1500 (十人席/10 seats)
Premium \$1880 (十人席/10 seats)
地點：幸運海鮮酒家
Continental Seafood Restaurant
地址：150-11700 Cambie Road, Richmond
查詢：778 996 0368
網站：www.chihengcanada.org



85416 7053 RR0001



We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

Our President, Secretary and a Member attend the Board Installation of Vancouver Cathay Lions Club in the evening of October 9th.



We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

MENTAL HEALTH



CO-ORGANIZED BY
Vancouver East Lions Club &
Vancouver Point Grey Lions Club
DATE: OCTOBER 11, 2025
SATURDAY, 2:30-4:00 PM
Venue: Vancouver East Lions Den
770 Commercial Drive, Vancouver



HOW TO COPE WITH AGING: "HEALTHFUL" MINDS & HAPPY HEARTS



Speaker: Dr. Vivian Lo (PhD, MBA, MA, MA, BA)
Medium of Languages:
English & Chinese (Cantonese/Mandarin)
HYBRID: IN PERSON OR ZOOM

RSVP to Jocelyn Wan
lionjocelynwan@gmail.com
by Oct 4th
(indicate in person or zoom)

Vancouver East Lions Club & Vancouver Point Grey Lions Club
Present



COMMUNITY EDUCATION ON MENTAL HEALTH & WELL-BEING



Date: October 11, 2025 (Saturday)
Time: 2:30pm – 4:00pm
Venue: Vancouver East Lions Den, 770 Commercial Drive, Vancouver
Speaker: Dr. Vivian Lo (PhD, MBA, MA, MA, BA)

Professional Background of the Speaker:

Educational Psychologist, Counsellor & Art Therapist
Member, Research Ethics Board, SFU
Author of 5 books on Education and Counselling
Author of Mandarin Textbooks "Dinosaur Mandarin" for preschoolers
Education commentator for TV and radio channels in Vancouver

Outlines for the Talk:

Definition and Causes of Aging in Humans
How to face Aging: Fight or Flight?
How to Cope with Aging in Daily Life
How to Understand and Support the Seniors around You
"Good" Qualities of Caregivers for Seniors

Format of the Talk:

Roundtable for Sharing of Experiences
Group Discussion
Role Play

WELCOME TO JOIN!

Lions and Leos are promoting the importance of
mental health and well-being and providing meaningful
opportunity to get involved in serving this important initiative,

Contact Info:
Lion Jocelyn Wan
MD19 Global Service Team Coordinator
lionjocelynwan@gmail.com



Our Club and Vancouver East Lions Club jointly organized the Mental Health Workshop "How to cope with aging: "Healthful" minds & happy hearts". We invited our speaker, Dr. Vivian Lo, to talk about mental health in physical and virtual settings. There were around 40 person attended the workshop.

We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

Our President and a Member attend the Board installation of Richmond Lahoo Lions Club in the evening of October 18th.

Congratulation to Maria Xu to become the President for the new term.



We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

On October 21st, our District Governor, Theresa Ng, visited our Club and having a dinner reception. During the visit, our President reported that, for the current fiscal year, we had achieved the following:

We did 1,283 service hours; served 2,622 person; donated \$7,000; increased our Lions Club members by 3 to 19; increase our Leo Club members by 6 to 59.

In the dinner, we presented the birthday cake for those members celebrating birthdays in November and December.



We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025



We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025

LIONS & LEOS WEEKS OF SERVICE 2025-2026



The Weeks of Service centers around significant international days, highlighting the impact of Lions through the world. Lions are encouraged to do service that greatly impacts their communities while also finding sustainable ways to increase service impact, visibility of the Lions brand through consistent periods of service.

THE 3 FOCUS AREAS FOR THIS FY INCLUDE:



MENTAL HEALTH & WELL-BEING

LIONS SERVICE WEEK WILL BE ON
OCTOBER 4-12, 2025



HUNGER

LIONS SERVICE WEEK WILL BE FROM
JANUARY 3-11, 2026



ENVIRONMENT

LIONS SERVICE WEEK WILL BE FROM
APRIL 18-26, 2026

We Serve with Heart and Purpose. Thank you for being part of our Lions family!



VANCOUVER POINT GREY LIONS CLUB

DISTRICT 19L / ZONE A7

NEWSLETTER - OCTOBER 2025



Never
underestimate
the difference
you make



Stay Connected



Website: <https://pointgreylionsclub.ca>



Website: <https://leo.pointgreylionsclub.ca> (Our Leo Club)



Email: contact@pointgreylionsclub.ca

We Serve with Heart and Purpose. Thank you for being part of our Lions family!